

Referral process reviewed for TRICARE patients enrolled to Naval Branch Health Clinic

Things you should do:

1) Enroll to the Branch Health Clinic (BHC) Millington at the TRICARE Service Center (across parking lot at Personnel Support Activity Detachment (PSD)). Failure to enroll could result in your being held financially responsible for services received by a civilian provider.

2) Sign up for Online Beneficiary Services to view and print referral Authorizations:

www.humana-military.com
(Start at Beneficiary Resources/ Online Beneficiary Services/Sign up for Secured Member Services.)

3) As soon as your Primary Care Manager (PCM) enters a new referral, please ensure your Defense Enrollment Eligibility Reporting System (DEERS) information is up-to-date (i.e., address and phone numbers). Your authorization will be mailed to the address listed. Post office box addresses are not acceptable.

Update your information at the PSD I.D. Card office, or online at:

https://www.dmdc.osd.mil/appj/selectAuthenticate.jsp (click on "Personal Information")

4) Immediately forward all bills received from civilian providers to the BMC health benefits advisors at 874-6100, ext. 122/123

5) Take your HUMANA Referral Authorization (received via mail or online) to your appointment.

6) Keep a copy of all your referral authorizations to monitor the number of authorized visits/expiration date. All referrals have an expiration date. Civilian providers are not responsible for tracking or monitoring your office visits.

7) Prior to your referral expiring or utilizing all your authorized visits, call the Appointment Line at 1-877-879-1621 and schedule an appointment with your PCM to request a new referral. Routine referrals are not issued the same day.

8) Allow at least five business days to process a new referral and one week to receive your referral authorization via mail. If you have not received your referral within two weeks, please call TRICARE at 1-800-444-5445.

9) If you receive your referral authorization and would like to request a different network provider, please call TRICARE at 1-800-444-5445 to change the provider.

10) If you are requiring a surgery/procedure or diagnostic testing and it has not been previously authorized, please advise your specialist's office to request authorization directly from TRICARE. Requests can be submitted online at www.humana-

military.com, via phone at 1-800-444-5445 or via fax at 1-877-548-1547. Referral requests require approximately 5-7 business days to be authorized.

11) Contact the Central Appointment Line/Nurse Call Center at 1-877-879-1621 within 24 hours to report an emergency room visit. Failure to do so could result in you being held financially responsible for the bill.

12) Contact the Referral Representative at 874-6100, ext. 121, if you require assistance with scheduling a diagnostic test. (ie. mammogram, ultrasound, CT scan, MRI, etc.) and/or require a doctor's order.

13) Contact the convalescent leave coordinator (CLC) if you are scheduled for a surgical procedure and inquiring about convalescent leave. Once con-leave is determined, a leave chit must be routed through your chain of command.

The CLC will annotate the number of authorized days and forward for medical endorsement. You may contact the CLC at 874-6100, ext. 127 -- Administration Department, located behind the Medical Records Department. (The Referrals Office does not process con-leave). The referral representative's phone number is (901) 874-6100, ext. 121

Things you should NOT do:

1) Do not show-up for an appointment without a "current" referral. If you have utilized all "authorized visits" and/or your referral has "expired," you will be required to reschedule. If you are seen by a civilian provider without a referral, this could result in you being held financially responsible for the bill.

2) Do not schedule an appointment or receive care from a "Specialist," unless you have prior authorization. "Specialty" providers cannot refer a TRICARE Prime patient to another specialty provider without prior authorization through their PCM. Failure to obtain prior authorization could result in the TRICARE Prime patient being held financially responsible for the bill.

3) Do not receive treatment at a local urgent care center or emergency room facility during normal business hours unless it is an emergency or you received prior authorization from your PCM. A true medical emergency threatens sight, life or limb.

4) Do not use an "Out-of-Network" urgent care center unless it is an emergency or you received prior authorization from your PCM.

5) Do not ignore bills received from outside civilian providers. Immediately forward all bills to the health benefits advisors. If neglected, they will be sent to collections and could affect your

credit. Active duty members are not exempt.

6) Do not schedule follow-up visits, unless you have authorized visits remaining on your current referral.

7) Do not seek care from your specialist for a different or additional diagnosis, unless you have received authorization through Humana. Failure to obtain prior authorization could

result in the TRICARE Prime patient being held responsible for the bill.

DR. VONBUTTLAR PATIENTS:

ALL patients seeking or under the care of Dr. VonButtler at the Branch Health Clinic are required to have prior authorization from their PCM.

It is the PATIENT'S RESPONSIBILITY to track the number of authorized and utilized office visits, and

ensure they have a current referral authorization from their PCM.

If you have utilized all your authorized visits and/or your referral has expired, you must schedule an appointment with your PCM and request a new referral.

Failure to obtain in prior authorization could result in you being held financially responsible for the bill.



One-of-a-kind safety plan: kids' fingerprinting

Jamie Holmes assists her son, Jaiden, age 4, in getting fingerprinted at NSA Mid-South Security's I.D. booth at last week's National Night Out (NNO). The Holmes family lives in Memphis and traveled to Millington for the NNO event on base. *For the story and more photos, see pages 4 and 5 inside.*



Vatterott College representative Howard Vorder Bruegge (left) discusses opportunities available at his school with a local Navy enlistee.



Materials from a wide variety of college programs reveal a degree plan for all takers.

Navy College Office showcases advantages of degree pursuit

Story and photos by Wayne Smith

Another successful Navy College Open House was held Aug. 4, according to Thelma Cooper, Navy College director. Representatives from various institutions of higher learning were available to answer guests' questions and pass out informative literature, as well as a few keepsakes to remember them by.

On-base school campuses are located in building S-141, Navy College. There are also on-line courses provided through Navy College as well as courses at schools with local campuses in Memphis and the surrounding area.

Informative literature gave details of the various schools and services provided through Navy College. Both civilian and military personnel can take advantage of these convenient opportunities to further their education and training.

A well-received trip to St. Louis with ITT

On Aug. 5th, the MWR Information, Tickets & Travel (ITT) program traveled to St. Louis for a weekend of major league baseball. The trip included tickets to two St. Louis Cardinals vs. Atlanta Braves games, bus service, and lodging at the Westin Inns and Suites, just a five-minute walk to the Busch Stadium.

The bus departed the North-side parking area on Friday at noon, arriving in St. Louis just a little after 5 p.m. The group had plenty of time to refresh and relax in their deluxe accommodations before the game. St. Louis scalped the Braves at the Friday night game, but on game two Saturday, the Braves put the heat on the Cardinals, taking a win of their own.

"This was the first opportunity to see the Braves play because of scheduling," said Bonnie McDaniel, ITT manager. "ITT has had a number of requests over the years to see the Cardinals and Braves play, but the games have always been mid-week."

A comment was listed on the trip/tour feedback sheets: "This weekend trip had everything I could have asked for: super hotel location, superb lodging, plenty of baseball, and a well-coordinated itinerary -- great job, ITT!"

Another happy traveler stated, "I like these bus trips; they're a great way to get out of the city with no driving hassles. I can relax on the bus, watch movies, and meet others who have similar interests." "It's a much nicer way to travel and spend quality time with my husband," said Karen Duncan, supervisory accountant at the Army Corp of Engineers.

This is the last season for Busch Stadium; the new stadium is currently under construction.

After the game on Saturday the group headed back to Memphis with a stop for dinner in Sikeston, Mo.

For a full list of trips and tours offered and coordinated by your ITT office, call 874-5455/5652.

Newsbriefs

Closings for power outages

The Citgo gas station/Mini-Market will close at 6 p.m. on Aug. 14 and 21 due to a scheduled power outage on the base. The Main Exchange, McDonald's and Subway will close at 4:30 p.m. on Aug. 28 for another power outage. These scheduled outages are part of a base project for improving the power system, with an attempt to provide the least amount of interruption. Each reopening will be the following business day at the regular opening time. Call Greg Wright or Joanne Funk if you have any questions: 872-7716 or 872-0139, ext. 109 or 110.

Commentary

Speaking for the fleet

Learn about tomorrow from yesterday ... and today

By FLTCM(AW/SW) R.D. West
Fleet Master Chief Petty Officer
U.S. Fleet Forces Command
(Pacific)

Shipmates, before I start this week's column, I just wanted to say thanks for the hard work that you're doing. I'm finishing up my latest trip through the Pacific AOR, and the quality of our Navy's Sailors and the work they do today is simply awe-inspiring.

After talking with many of our shipmates and watching what they do, I have no doubt that our Navy is in great hands for the future. I find myself humbled at the dedication, intelligence and skill levels of our deckplate Sailors. You are "making your mark" and keeping our great Navy at the forefront.

That brings me to what I wanted to talk about this week: the past and the future.

Navy leadership has mentioned more than a few times that the best way to prepare for the future is to look to the past. And that's a smart philosophy we should embrace.

The coming month of September is a good time to reflect on the practices and philosophies of our past Navy leaders. Here at Pearl Harbor, the Pacific Fleet is preparing to honor the 60th anniversary of the end of World War II.

Some of our finest Navy leaders rose up from that terrible conflict and were instrumental in bringing it to an end. We should be looking at these past leaders, so we can learn from their successes and their mistakes.

One of the World War II Navy's most effective and brilliant leaders was Fleet Adm. Chester Nimitz. And it wasn't because he was dynamic, flamboyant or smarter than everyone else. He had simple approaches, simple ideas, and the ability to inspire those around him.

Naval historian Robert Love said the laid-back, soft-spoken Texan's greatest gift was his ability to bring together the best qualities in a team and then let it do the job.

According to Love, Nimitz possessed an inner balance and calm that those around him drew from. He also knew he was only as good as the Sailors he led. You can

tell that from the photos we have in at the COMPAFLT headquarters building of Nimitz playing friendly games of horseshoes with his Sailors.

But his most effective trait was the courage to let his subordinates do their jobs without interference. He understood the importance of team building as much as being a team player. Building an effective fighting team from some of the disparate personalities as the quiet, introspective Raymond A. Spruance and the ebullient, aggressive William F. "Bull" Halsey, Jr. or the hard-charging Eugene Fluckey was certainly no small feat and a great lesson we all can learn.

Another example is how Nimitz took a shattered Pacific Fleet after the Dec. 7 attack, and virtually overnight remade it into a fighting force that defeated the Japanese fleets at Coral Sea and Midway. The Battle of Midway was a huge gamble for Nimitz, but many historians consider that victory the ultimate turning point for the entire war.

But Nimitz, Halsey, Spruance, Fluckey and many of the other famous names we grew up with are easy to proclaim as great leaders. But there are others who were and are just as great.

Even as exceptional as Nimitz was, he'd be the first to say there are better leaders. And in a sense he's right.

He'd be talking about today's leaders. He'd be talking about the leading seaman in a division, or the LPO. He'd be talking about that chief who helps train his division officer about management skills and giving the Sailors the tools to be successful.

Those who keep the Navy running day in and day out are the leaders Nimitz would look to, and he'd know all he had to do was step aside and let the team go to work.

So ask yourself — are you the leader you want to be? What can you learn from the leaders of yesterday and today that will help you become greater than you are?

OK, well here's a question and answer for you. Who (past or present) impressed you as a leader, and what made that person such a great leader? I'll bet money it was a

mentor all those long years ago who helped you get started in the Navy. It was someone who cared, who bothered, who thought more of mission and people more than of self. I still remember my first senior chief who showed me the way and taught me how to be a Sailor.

But that's the way to get started, though -- asking and answering those kinds of questions.

What we learn from history is how to avoid past mistakes. It may be cliché, but it's true -- those who fail to learn from history are doomed to repeat it. So learn.

The Chief of Naval Operations and Master Chief Petty Officer of the Navy reading lists aren't dull, dry books. They are collection of leadership examples of what to do and what not to do. Knowing where the famous and the not-so-famous leaders went right will help you -- us -- move in the right direction to make our Sailors and our Navy a better fighting force and a better organization.

The question now to ask is, do we learn from our past? Do we look not only to the distant past, to "the greats," but also to more recent history and learn from them?

As I travel around this great Navy of ours, I hope to see more of you out there on the deckplates. The greatest satisfaction I get from this job is the never-ending learning I get from meeting you. In my job I get to see many leaders that are doing some great things.

In the near future, you will see a message from the Fleet Master Chiefs (Atlantic, Pacific and Europe) that will launch a website that will be used to share commands best practices, highlight good ideas, and provide information to share throughout the Navy.

And I'm pretty sure that Adm. Nimitz would agree with me -- that's what truly counts as a leader. Learn from our mistakes and share our lessons.

Stay safe, shipmates. HOO YAH!



West

Chaplain's corner

Unexpected news

By Chaplain Timothy D. Nall

Yesterday I received notification that the Navy would be transferring me to the Retired Reserve as of Oct. 1. I read the notification with mixed emotions. For the past few years, I have been thinking more and more about the day I would retire. I knew that this day would eventually come, and I would close another chapter of my life. I was looking forward to that day ... and yet, at the same time, wondering how I would adjust to the transition.

The Navy has been a part of my life for as long as I can remember. I am the son of a Sailor, growing up on Navy bases up and down the East Coast until my father retired when I was in high school. Now I have spent 20 years of combined active and Reserve time with the Navy. I have enjoyed the ride! I have been privileged to serve both God and country in the greatest organization on the face of the earth. And, honestly, I'm not quite ready to go. I'm prepared, just not emotionally ready. I knew my time was close, but I didn't think it would happen this quickly!

It's like the parents who hear that their 20-year-old daughter is getting married ... next month! They have been thinking about that day for some time. They just didn't think it would come so soon. Or, like the young couple who have just been told they are going to be parents ... of triplets! They were looking for-

ward to becoming parents, but not of so many at one time.

Unexpected news, both good and bad, usually takes time to digest. We are forced to remember that life is full of sudden twists and turns, and as much as we hate to admit it ... that there are things that happen in life we cannot control. When tragedy hits home (death, terminal illness, loss of a job, etc.), we are devastated, and left with a lot of unanswered questions. Even when good news comes to us unexpectedly, we find ourselves asking how we can best adjust to this good fortune. What can we do when we are hit with unexpected news?

I am thankful that we can go to God for comfort, strength, and support when our world caves in around us. Although God never said he would keep us from the storms, he did say that he would help us to weather them. We can also turn to him for counsel and guidance when good fortune comes our way. King Solomon wrote, "Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways acknowledge him, and he will direct your path" (Proverbs 3:5-6).

I really don't know how I am going to feel on Oct. 1st, as I say goodbye to an "old friend." But I am confident that God has already plotted a new course for me. He will take care of me, if I will just let him! And he'll take care of you, too.

Task Force Uniform fleetwide survey now available on BUPERS Online

NNS

The Navy Task Force Uniform (TFU) Survey is now available on BUPERS Online (BOL), allowing Sailors fleetwide the opportunity to respond to uniform changes they set in motion with the first fleet survey in February 2003.

By logging onto BUPERS Online and selecting Uniform Survey from the BOL Application Menu, the survey provides Sailors with the chance to give input regarding the directions of current test uniforms, as well as the future initiatives of TFU.

"Aside from asking what Sailors think about the current uniforms being tested, we also want fleet feedback on uniforms not previously addressed in our seabag," said Command Master Chief (SS) Robert Carroll, director of TFU. "We're asking questions about physical fitness gear, service and dinner dress uniforms, E-7 and above service uniforms, as well as a variety of uniform components."

After users log in, they are directed to the appropriate survey based on their current pay grade. The two surveys, one for E-7 and above, the other for E-6 and below, center around TFU Phase II concepts in part one before the survey participant is directed to the second half of the survey, which

is standardized for fleetwide comments on the current wear test uniforms.

"The Phase II concepts center around recommendations made by fleet representatives at the TFU Phase II Conference held in April," said Carroll.

According to Carroll, the survey takes about 30 minutes to complete, which allows Sailors to voice their opinions regarding the deletion or modification of selected uniforms. The survey also inquires about Sailors' knowledge about the TFU program, uniform regulations and policy.

Tasks included in the original TFU charter signed in February 2003 included reducing the number of uniform items and increasing interchangeability between those items, developing a working uniform for wear at sea or ashore across all communities E-1 through O-10, and developing a service uniform for E-1 through E-6 which can be worn year-round.

Carroll said the survey is tentatively scheduled for completion by the end of August to coincide with the completion of the wear test. The results will be compiled and taken with the results from the wear-test participant survey to the Chief of Naval Operations for final decisions on the future direction and determination of the program.

MCPON READING LIST

The following books comprise the Master Chief Petty Officer of the Navy's Naval Heritage/Core Values Reading Guide. This list is updated periodically as part of the Chief Petty Officer selection season. The books are available at your local library or through the Navy Exchange or the Uniform Center toll-free ordering system.

The Leadership, Management and Personal Growth Reading Guide is intended as a guide for all enlisted Navy leaders. Each of the books on this list contains sound management concepts and ideas, many of which can be applied to your leadership role in the Navy. Keep in mind that the books are written by civilians, for the civilian workplace, so not everything will directly apply.

"A" LIST: SUGGESTED READING

A Most Fortunate Ship: Narrative History of Old Ironsides by Tyrone G. Martin
A Sailor's Log: Recollections or Forty Years of Naval Life by Rear Adm. Robley D. Evans
A Voice From the Main Deck: Being a Record of the Thirty Years' Adventures of Samuel Leech by Samuel Leech
Battleship Sailor by Theodore C. Mason, Edward L. Beach Jr.
Brave Ship, Brave Men by Arnold S. Lott
Crossing the Line: A Bluejacket's World War II Odyssey by Alvin Kernan
Descent Into Darkness by Edward C. Raymer
Devotion to Duty: A Biography of Admiral Clifton A.F. Sprague by John F. Wukovits, Thomas B. Buell
Divided Waters: The Naval History of the Civil War by Ivan Muscant
Every Other Day: Letters from the Pacific by George B. Lucas
Good Night Officially: The Pacific War Letters of a Destroyer Sailor by James O. Raines, William M. McBride (editor)
In Harm's Way: The Sinking of the USS Indianapolis end the Extraordinary Story of Its Survivors by Doug Stanton
In Love and War: The Story of a Family's Sacrifice During the Vietnam Years (Revised Updated) by Jim and Sybil Stockdale
Iwo by Richard Wheeler
Life in Mr. Lincoln's Navy by Dennis J. Ringle
Naked Warriors: The Story of the U.S. Navy Frogmen by Frances Douglas Fane and Don Moore
Nimitz by E.B. Parlor
Quiet Heroes: Navy Nurses of the Korean War 1950-1953 by Frances Omori

Raiders from the Sea: The Story of the Special Boat Service in World War II by John Lodwick
Raiders of the Deep by Lowell Thomas, Gary E. Weir (photographer)
Shield and Sword: The United States Navy and the Persian Gulf War by Edward J. Marolda and Robert J. Schneller, Jr.
Ship's Doctor by Terrence Riley
Submarine Diary: The Silent Stalking of Japan by Corwin Mendenhall, I.J. Galantin
The Battle of Cape Esperance: Encounter at Guadalcanal by Charles O. Cook
The Fast Carriers: The Foxing of an Air Navy by Clark G. Reynolds
The Fighting Liberty Ships: A Memoir by A.A. Hoehling
The Golden Thirteen: Recollections of the First Black Naval Officers by Paul Stillwell
The Last Patrol by Harry Holmes
Thunder Below: The USS Barb Revolutionizes Submarine Warfare in World War II by Eugene B. Fluckey
Tin Can Sailor: Life Aboard the USS Sterett, 1939-1945 by C. Raymond Calhoun
We Will Stand By You: Serving in the Pownee, 1942-1945 by Theodore C. Mason
What a Way to Spend a War: Navy Nurse POWs in the Philippines by Dorothy Still Danner

"B" LIST: REFERENCE

A Quest for Glory: A Biography of Rear Admiral John A. Dahgren by Robert J. Schneller, Jr.
Admiral John H. Towers: The Struggle for Naval Air Supremacy by Clark G. Reynolds
Air Raid: Pearl Harbor: Recollections of a Day of Infamy by Paul Stillwell
All at Sea: Coming of Age In World War II by Louis R. Harlan
American Naval History: An Illustrated Chronology of the U.S. Navy and Marine Corps, 1775-Present by Jack Sweetman
Assault from the Sea: The Amphibious Landing at Inchon by Curtis A. Utz
At Dawn We Slept: The Untold Story of Pearl Harbor by Gordon W. Prange
Authors at Sea: Modern American Writers Remember Their Naval Service by Robert Shenk
Book of Navy Songs by The Trident Society
Clash of the Titans: World War II at Sea by Walter I. Boyne
Cordon Of Steel: The U.S. and the Cuban Missile Crisis by Curtis A. Utz

CONTINUED NEXT WEEK



Quote noted

It's too bad I'm not as wonderful a person as people say I am, because the world could use a few people like that. -- Alan Alda, U.S. actor

But the standing toast that pleased me most was, "The wind that blows, the ship that goes, and the lass that loves a sailor!" -- Charles Dibdin, English writer

He has all the characteristics of a dog except loyalty.

-- Sam Houston, U.S. senator

No one can earn a million dollars honestly.

-- William Jennings Bryan, U.S. Secretary of State

Laws are like sausages. It's better not to see them being made.

-- Otto von Bismarck, German chancellor

Watermelon -- it's a good fruit. You eat, you drink, you wash your face.

-- Enrico Caruso, Italian singer

The Bluejacket

Commanding Officer Capt. Matt Straughan
Executive Officer Cmdr. Russell M. Chang
Public Affairs Officer David W. Crenshaw
Editor Julia A. Wallis
Public Affairs Specialist Michael J. Elter
Public Affairs Assistant Pamela J. Branch
Webmaster Jesse J. Wynn
Photojournalists H. Wayne Smith, Warren A. Roseborough

This civilian enterprise newspaper is an authorized weekly publication for members of the military services. Contents of the Bluejacket are not necessarily the official views of or endorsed by the U.S. Government, the Department of Defense or the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, or The Millington Star, of the products or services advertised.

Everything advertised in this publication shall be made available for purchases, use or patronage without regard to the race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit act of the purchaser, user or patron. If a

violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. Published by The Millington Star, a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Commanding Officer, Naval Support Activity Mid-South, Millington, Tennessee. News photos, unless otherwise credited, are official U.S. Navy photos. All news copy will be screened by the Bluejacket Office, building S-455. Copy must be submitted no later than close of business Thursday prior to Thursday of publication. Editorial content is edited, prepared and provided by the Public Affairs Office of Naval Support Activity Mid-South.



Leeann Davis of Millington (foreground) hangs around enjoying the country atmosphere as her big sister, Katherine (background) takes a horse-riding class at the Lazy Anchor.

A horse and a course are great combination at Lazy Anchor

Story and photos
by PH2 Jayme Pastoric
Navy Recruiting Command

Regina Pearson is by far the hardest-working cowgirl that NSA Mid-South has ever seen. As stablemaster for the Lazy Anchor Ranch, Pearson manages the daily operations and well-being of the ranch's equine tenants.

The ranch provides shelter to 106 horses and numerous barn cats. "The cats are part of the family," she said. "I love them all; they keep the mice away and that's a good thing because the horses are so timid."

The ranch is occupied to capacity, located on almost 300 acres of roll-

ing-hill countryside adjacent to the base.

Having been open to the public for 10 years after operating on a military-only policy, the ranch is now working on the building of a new barn. For a nominal fee, military and civilian personnel who want their horse in a stable -- rather than roaming the pastures -- are welcome to rent space.

With two horses of her own at the ranch, Pearson knows how much effort it takes to maintain the majestic animals.

"It's a 24-hour job around here; I'm always on call just in case a horse is in trouble, or something is wrong at the ranch," said Pearson.

The Ranch offers military and civilian personnel the opportunity to get acquainted with horses by offering training classes.

Katherine Davis, 7, of Millington, has been riding horses and taking classes at the Lazy Anchor for almost three months.

"I can take Spot (the horse) around barrels and around the riding pen," said Davis.

With highly skilled trainers like Sheila Robley teaching children and adults the ABCs of horseback riding, the age-old tradition is kept alive.

Robley has been training riders at the ranch for two years and enjoys seeing the younger generation take interest in the sport.



A spotted beauty plants a "big one" on his friend as they while away the day with horseplay. These two may seem a bit rambunctious, but there are plenty of gentler horses for the more timid rider to choose from.

Local Sailors from the Navy Personal Command also took advantage of the horse training clinics provided by teachers at the Lazy Anchor.

On a recent Sunday, Jada McWilliams woke early to practice groundwork with her horse, Buddy. Also, Larissa Stevens worked on simple commands with her horse, Maggie.

With the traditions of the modern cowboy alive at the Lazy Anchor Ranch, future cowboys and cowgirls can fulfill a dream and get close to some of the most beautiful animals around.

For more on the Lazy Anchor Ranch, contact the Stablemaster at (901) 872-3656. Hours of operation are Tuesday-Saturday, 8 a.m.-5 p.m.

NSA Mid-South picks Junior Sailor of Quarter



MA3 Jeffrey T. Johnson

MA3 Jeffrey T. Johnson has been selected as the NSA Mid-South Junior Sailor of the Quarter, second quarter 2005.

Johnson was selected from several highly deserving candidates after passing rigorous selection criteria and the closest scrutiny. As a patrolman for the NSA Mid-South Security Department, he devoted numerous hours to improving his skill level, always setting the example by accomplishing qualifications well above his required level.

Johnson's high motivation and team-building attitude has been evident in all of his accomplishments, including tireless dedication to his fellow patrolmen.

As Bravo Section armorer, Johnson ensured all equipment was operational and ready for issue without delay. Johnson's ability to promote the command mission and vision has increased the skills and abilities of himself and his peers, demonstrating the Navy's core values of honor, courage and commitment.



The NSA Mid-South Public Works Mullets and the BHC golf teams mix it up at the 2005 Intramural Golf Championship held Aug. 1. From left to right are Paul Gerhardt, Adam Davis, Brad Shee, Don Ellis, Bob Joy, and Gordon Welch. Not pictured are Charlie Curtis, Gail Fleming and Mullets coach Jon Bryant.

BHC takes golf trophy at Intramurals

On Aug. 1, the heat was rising plenty outside, and even moreso between the two finalists for the MWR Intramural Golf Championship. The proud owners of the 2005 intramural golf trophy are the Branch Health Clinic's (BHC) team, consisting of Adam Davis, Brad Shee, Paul Gerhardt, and Charlie Curtis.

Runners-up were the Mullets of Public Works. Their team is comprised of Don "Dirt" Ellis, Gordon Welch, Bob Joy, Gail Fleming, and their coach, "Junior" Jon Bryant.

"For more than eight years MWR has offered golf as an intramural sports competition," said Glen Eagle Golf Course assistant golf pro Brandon Mendes. "This year's intramural play started in early May with 18 teams. Everyone had a good time and showed excellent sportsmanship," he added.

As Gordon Welch of the Mullets put it, "We've been in the finals for the last four years and even took the trophy for the last two years ... really, we play for fun out here." Bob Joy said, "We never played so good and

got beaten so bad ... we'll be back!"

Team captain, BHC officer-in-charge Gerhardt, said that the focus and camaraderie of the team were excellent assets to this year's win, not to mention that "we were seven up with 6 to go on hole number 12." Don Ellis finished with, "We got to see some great golf out here during the whole intramural season; I hope that even more teams turn out next year." "The Intramural Sports Program fosters friendly competition as well as excellent health benefits," said Debra Howze, MWR sports, fitness and aquatics director. "I am proud to see so many men and women from all over the base participate. The teamwork between beginners, intermediate, and advanced players in all the groups is wonderful to watch as it develops through the intramural season."

For more information on golfing at Glen Eagle, call the Pro Shop at 874-5168. Details about upcoming MWR Intramural Sports Programs can be obtained from Amy Pruitt at 874-5383.

Great job, BHC!


Give Youth Villages a red-hot Christmas

Christmas in August

is an annual event held by the Chapel Center to help give Youth Villages' foster, orphan and special-needs kids needed school supplies. Christmas trees have been set up at the Chapel and the Navy Exchange. Ornaments on the tree will list an item needed by



Youth Villages for a child. Patrons can pick an ornament, buy the needed school supply and bring the item (wrapped in decorative paper) back to the Chapel, along with the ornament. All gifts must be turned in by Monday, Aug. 15. For more information, call the Chapel Center at 874-5341.



American Society of Military Comptrollers

Tri-State Chapter
NSA Mid-South
Millington, TN

MONTHLY MEETING ANNOUNCEMENT

Aug. 17
11:30 a.m.-1 p.m.

Location: Helmsman Complex, NSA MID-SOUTH

Guest Speaker: Beverly Stephens

Topic: *Becoming a Successful Entrepreneur*

Menu
(subject to change)
Fried chicken, smoked sausage, tossed salad, green beans, rolls

Please buy your tickets from your organizational point of contact listed below **NO LATER THAN FRIDAY, August 12.** Your ticket must be paid in advance -- \$7.25 for members, \$8 for non-members. Make checks payable to "Tri-State Chapter ASMC." Reservations are firm; please make sure you buy your ticket in advance if you plan to attend.

Organizational Points of Contact:

NPC:	Oberia Malone	874-3902
	Tawnya Mullins	874-4356
CNE:	Diane Ward	874-4324
USACE-MVM:	Marcia Newton	544-0788
NPRST:	Joyce Alexander	874-2103
CNRC:	Jacqueline Henry	874-9087
USACE FC:	Freddie Whiting	874-8605
	Clifton Boone	874-8728
	Cassandra Roberts-Dean	874-8418
	Shirley Toler	874-8725
	Jacqueline Moore	874-8704
	Carol Kaminski	874-8531

4,000 crimefighting neighbors unite at National Night Out

Photos and story
By Pam Branch

National Night Out (NNO) continued its tradition as a huge success, drawing around 4,000 people to the NSA northside track on August 2 despite the heat, humidity and a couple of sporadic rain showers just a few hours before the event began.

CTT2 Kyle Parker, NSA Mid-South Security Department and 2005 NNO chairman, presided over the opening ceremony. After the parading of colors by the local Sea Cadet unit and National Anthem by Navy Band Mid-South, McGruff the Crime Prevention Dog and Sparky the Fire Prevention Dog delivered a proclamation to Millington Mayor Terry G. Jones to read. Jones declared the evening "National Night Out" in Millington and Shelby County, and officially kicked the event off.

As usual, there was an abundance of food in the offering with the Chief Petty Officers' Association, First Class Petty Officers Association and Navy Wives Club selling such fare as bratwursts, hamburgers, pizza, cotton

candy and snow cones.

Neighbors turned out to receive free literature and giveaways, view displays, and participate in numerous activities including face painting, peek-a-boo/stranger awareness, striker machine, dunk tank, moon walk, K-9 demonstrations, horse rides and pet microchips.

The Navy Band Mid-South's rock band, Freedom, delighted the crowd with the latest musical hits as well as patriotic songs.

Other participants this year included: Navy Federal Credit Union; Memphis Police Department Aviation Unit; Millington Police Department; Shelby County Sheriff's Department; Millington Fire Department; Shelby County Fire Department; Metro Ambulance Service; Tennessee State Guard First Regiment; and from on board NSA Mid-South, the Child Development Center; Drug Education for Youth Program, Security Office; U.S. Army Veterinary Clinic; Fire Services and Lazy Anchor Saddle Club.

Mark your calendar for next year's NNO, which is held in various communities worldwide the first Tuesday in August and sponsored locally by the NSA Security Office.



Millington Mayor Terry G. Jones reads the NNO Proclamation. The proclamation was delivered to the mayor by McGruff the Crime Dog and Sparky the Fire Dog, who observe the reading with Kyle Parker, the NNO chairman.



In addition to information for the parents on how to protect themselves and their families, NSA Mid-South Security personnel also handed out balloons to the littlest visitors to their booth.



The Shelby County Sheriff Department's talking McGruff robot not only mystified the youngsters but shared valuable anti-crime and safety lessons. Dallas Dooley, son of Trisha Dooley with Navy Personnel Command, talks with the miniature-sized McGruff.



Representatives of the Millington Police Department were on hand, displaying the wares of their trade and providing visitors with information about how to best protect themselves, as well as handing out free giveaways.



For the little ones, there were several rides and exhibits, including the ever-popular moonwalk.



Sarah Pearson escorts Alexis Hollars atop Lady, one of the MWR rental horses. Pearson is the daughter of Lazy Anchor stablemaster Regina Pearson, and Hollars is the daughter of Brian Hollars of Navy Personnel Command (PERS 4).



MA3 Stephen Mathis (left), NSA Security, and Sergeant Charlie Coleman with the Millington Police Department lead military working dog Anouska through a K-9 demonstration of a simulated attack.



Sergeant Steve Chandler, with the Memphis Metro DUI Unit, lands his helicopter on a knoll near the NNO site, where it drew interested onlookers throughout the night.



Millington Fire Department's talking robot, Pluggie (left), gives young celebration attendees a sly wink.



The Rocky Mountain air castle drew a steady stream of youngsters all night who were anxious to see if they could scale to the top of the mountain.

Drug Education for Youth (DEFY) staff and students manned the striker machine for those anxious to test their strength. MM1(SW/AW) Lanele Lindsey (left), DEFY program coordinator for NSA Mid-South, is watching to see if the marker hits the bell.



Michael Music (left), with the local Sea Cadets unit, talks to a parent about the benefits of her teen joining the Cadets.

Ross Andrews retires from NPRST

A retirement ceremony was held recently for Ross Andrews of Navy Personnel, Research, Studies and Technology (NPRST), following seven years of civilian government service.

Andrews, a researcher for NPRST, began his government service as an enlisted Sailor in the Navy in 1962. He retired at the rank of E-8 and then continued service as a government contractor for six years before being appointed as an NPRST operations research analyst in May 1998.

Andrews brought 15 years of experience in engineering and statistical analysis, as well as more than 10 years experience in the management of programs for development of integrated hardware/software training and simulation systems. This experience served him well during his tenure at NPRST.

Andrews provided critical support and information/analysis func-



Andrews

tions that were key in the development and execution of programs such as *Sailor 21*, the Enlisted Manpower and Personnel Integrated Planning System and Navy Personnel Command's human capital strategy, among others. His subject matter expertise and extensive knowledge of software, the Internet and Navy personnel data were invaluable resources to NPRST. His coworkers wish him "fair winds and following seas."

Michael Howard completes career at Navy Recruiting Command

Mike Howard, head of the Civilian Human Resources Liaison Division, Human Resources and Logistics Department, Navy Recruiting Command, retired Aug. 3 after 36 years as a dedicated and loyal civil servant.

Howard, a native of Covington, Tenn., began his federal career in 1969 as a clerk-typist with the Army Corps of Engineers in Memphis. Over the following years he rose through the ranks, holding various human resources positions within Defense Department agencies in Memphis and Millington such as the Defense Depot, and supervisory positions at Naval Support Activity Mid-South.

Mike is married to Sandra Howard. They have one daughter, Kelli, and two sons, Ryan and Joel. Mike and Sandra also have four grandchildren: Brinley, Anna Reese, Kalyann and Koen.



Part of Mike Howard's retirement gift from his coworkers -- a new bicycle, came from his suggestion that he'd like "something for relaxation and exercise." He was also presented with a gift card from a local fishing outfitter.